



High School Conditioning Program

Do you want to improve your swimming during the off-season? If so, *St. Petersburg Aquatics* has the program for you....



Available only to high school swimmers including private middle school swimmers that have completed one high school season



**Locations: North Shore Pool, 901 North Shore Drive NE
Walter Fuller Pool, 7883 – 26th Avenue North**



Program begins on Monday, November 6, 2017



Practice Times: Monday-Friday
North Shore Pool 2:20-3:30 or 3:50-5:00 pm
Walter Fuller Pool 4:45-6:15 pm



Cost: \$273.00 for November, December & January
February-May is \$66.00 per month

Fees include: USA Swimming registration, pool rental, coaching

Swim meets and parent participation required.

For more information:

**www.stpetersburgaquatics.com or contact *Patty Nardozzi*
pnardozzi@hotmail.com or (727) 452-3893**